



"I will not say;
do not weep;
for not all tears
are an evil."

J.R.R. Tolkien



**"YOU MUST DO THE
THING YOU THINK YOU
CANNOT DO."**

**ELEANOR ROOSEVELT,
YOU LEARN BY LIVING**



"So when you are in pain,
the only thing you can do
is to enlarge your sense
of things... Stop being a
glass. Become a lake."

Mark Nepo,
The Book of Awakening



*"Let it come, as it will, and
don't be afraid. God does not
leave us comfortless, so let
evening come."*

Excerpt from Jane Kenyon,
Let Evening Come

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